



Department of Health and Human Services
 Health and Environmental Testing Laboratory
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Detection of Rubella Submission by Real Time RT PCR

Laboratory Submission Information Sheet

Reporting of suspect case to Maine CDC	<ul style="list-style-type: none"> • Yes: Rubella is a Notifiable Condition. If you have not already done so, please report suspect or confirmed cases to the Maine CDC via the disease reporting line: 1-800-821-5821 (24hrs/day 7 days/week.)
Required To Submit Laboratory Specimen	<ul style="list-style-type: none"> • YES
Required Information	<ul style="list-style-type: none"> • Information on requisition must include: test requested, patient name, DOB, date of collection, specimen source or type, submitter name and contact information. • Important: all specimens must be labeled with patient name, DOB or other unique identifier, and be accompanied by a HETL requisition
Specimen Requirements	<ul style="list-style-type: none"> • Serum that has been separated from clotted blood. Store at 2-8°C • Throat and/or nasopharyngeal swab in viral transport media. Store at 2-8°C • Clean, void urine – first morning if possible (10-50mL). Store at 2-8°C
Collection Instructions	<ul style="list-style-type: none"> • Collect samples within 5 days of rash onset.
Turn Around Time	<ul style="list-style-type: none"> • Federal CDC or other Reference Lab will perform Real Time RT-PCR and/or serology testing. • Turn around time is variable.
Unacceptable Conditions	<ul style="list-style-type: none"> • Specimens received without a form or clinical details • Insufficient specimen volume to analyze or incorrect specimen type. • Serum containing visible particulate matter should be clarified by centrifugation. • Hemolyzed, icteric or grossly contaminated samples should not be used. • Samples not kept at proper temperature.
Results	<ul style="list-style-type: none"> • Real Time RT-PCR results are reported as Positive or Negative • IgM/IgG results reported per reference lab protocol • Results will only be reported to the submitter listed on the requisition .
Laboratory Testing Fee	<ul style="list-style-type: none"> • No charge at this time
Applicable CPT Codes	<ul style="list-style-type: none"> • Dependent upon the method used at federal CDC and reference laboratory.
Additional Information	<ul style="list-style-type: none"> • Bacteriology at 207-287-1704 • Virology, Respiratory, Arbovirus, Serology, and STI at 207-287-1722 • Molecular Biology, Sequencing, and Foodborne at 207-287-5769 • Mycobacteria and Rabies at 207-287-1706